

Sports Specific Wrestling Facility---Air Conditioned
Summer Session at Red Hawk Wrestling Club

Red Hawk is an organization dedicated to enhancing and promoting the sport of wrestling



Classes for all skill Levels

Including Drill, Live Wrestling, Weight Lifting and Instruction by Some of the Best High School, College and Professional Coaches in the Area. Workout With some of the Best and Most Dedicate Work out Partners in the Area. **Starts May 3rd.**

Wrestling Practice Schedule: **off season hours: High School and Advanced;**
Monday & Wednesday 7:00-8:30
3 month, 2 days a week **Regular Class;**
Summer Session \$260 Tuesday & Thursday 7:00-8:30
Join in on the action **Mighty Mites;**
Tuesday & Thursday 6:00-7: 00

Supplemental to your current program or join our traveling team

Easy access off Rt 22 in Phillipsburg, N.J.

Info Mike Ciasulli at Cell (610) 730 2945

OUR WEIGHT ROOM IS ALWAYS OPEN FOR WRESTLERS AND PARENTS

MAKE CHECKS TO RED HAWK WRESTLING CLUB PHONE _____
NAME _____ ADDRESS _____
TOWN _____ ZIP _____ DATE _____
MIGHTY MITES _____ REGULAR CLASS _____ HIGH SCHOOL & ADVANCED _____
WEIGHT _____ AGE _____ YEARS OF EXPERIENCE _____ SUMMER SESSION _____